

# ALL SAINTS

## CATHOLIC CHURCH & SCHOOL



*Love God • Serve Others • Form Disciples*



**July 19 & July 20, 2025;  
16<sup>th</sup> Sunday in Ordinary Time**

*You are anxious  
and worried about  
many things. There is  
need of only one  
thing.*

*Luke 10:41-42*

### WEEKEND MASS TIMES

Saturday	4:00 pm
Sunday	9:00 am

### WEEKDAY MASS TIMES

Tuesday	8:00 am
Wednesday	NO Daily Mass
Thursday	8:00 am
Friday	8:00 am



*Martha or Mary? Who Should You Be?*

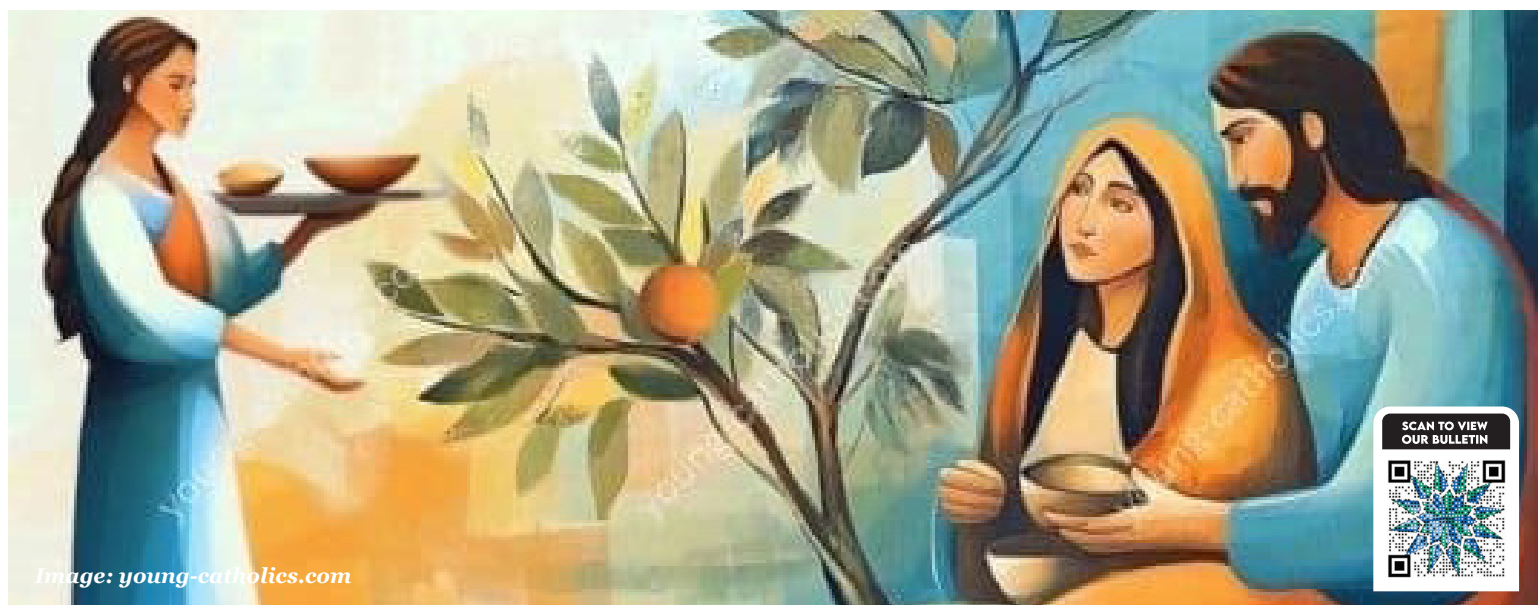


Image: young-catholics.com



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All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130

## Please Pray for the Following People

(*Why people want prayers isn't important, the prayers are!*)



† Richard DeMeulenaere.

To add a name call Dan Alpers, at 363-6130, ext. 100. Names will be listed for four weeks and may be renewed. †, Recently deceased will be listed for two weeks.

## Stewardship Corner



Stewards are called to evangelize – to convert individuals and society by the divine power of the Gospel. Our faith is more attractive to others by our actions than by our words alone. We may not be called to evangelize like St. Paul, but we should look for opportunities to share our faith through our actions and words, especially with those closest to us, like our family, friends, and neighbors. Pray for the courage to joyfully express your faith the next time the opportunity arises.

## A Weekly Tip on Caring for Our Common Home



Put computers, as well as printers and other peripherals, on a power strip and turn it off at night to save electricity. Do the same with TVs, radios, microwaves and other appliances that remain “powered up” even when off, then turn off the power strip whenever you’re gone for an extended period.

## For the Married Couples



“Mary has chosen the better part and it will not be taken from her” (Luke 10:42). The story of Mary and Martha reminds us that spouses, too, can be either a diligent servant (Martha) or a quiet contemplative (Mary). Which are you? Or are you both? How does this mesh with your spouse’s temperament?

## Upcoming Mass Intention Changes



Due to the changes in our upcoming Mass schedule, Mass Intentions that have been scheduled for Wednesdays have been moved to other dates throughout the remainder of the calendar year. I will be reaching out to everyone who has been affected by these changes. I would request, however, some patience as lots of changes are happening here in the office in the coming week. Thank you for your grace and understanding. - Dan Alpers, *Office Manager*

# Everyday Metanoia



Welcome to the 16th Sunday in Ordinary Time. Today's Gospel reading is a very familiar story for us. We encounter the sisters, Martha and Mary, who can teach us many things about God's Word and what our response should be. We know the widely held synopsis of this passage: Martha and Mary signify the active life and the contemplative life, respectively. It's too easy to label this as one being good and the other not. But as we contemplate this story, using the Ignatian Spiritual exercises, we can delve much deeper than this surface level understanding.

Let's start by sitting on the floor or a chair. Close your eyes. Imagine yourself in the home of Martha and Mary sitting in front of Jesus. Mary is sitting beside us. His loving gaze is on both of us. What do we hear? Can we smell a bit of perfumed oil on Mary? Can we hear dishes clanging? What food can we smell? Is it warm, muggy, breezy? Listen to the soft voice of Jesus. Take a few more deep and easy breaths. Feel the love of Jesus pouring forth from him.

Let's contemplate this moment even further. Women were expected to wait upon and serve the men. And while the roles of men and women have grown since this time, there is often this same expectation for many women today, even when they have full-time careers. In some families, these roles and expectations are reversed with the man taking on much of the family planning, cooking and household chores. Before Jesus entered the house, Mary was most likely working beside Martha, preparing food, setting up the house and making all the arrangements for an honored guest.

Martha realizes that Mary is no longer assisting. The guest of honor, Jesus, arrive has arrived, but the preparations are not yet complete. What drew Mary and you to sit down with Jesus and abandon Martha? Are you tired, needed a break and just got caught up in listening to Jesus? Did Jesus invite you to sit down? It does not say this in the Gospel, but maybe Jesus was talking to others in the room and his words drew you to his feet so that you could listen more. Sit with this scenario for a few minutes. What was Jesus saying that would draw us away from our family duties?

Let's move to the next movement in our contemplation. As Mary and you are sitting at the feet of Jesus, Martha confronts Jesus, Mary and you. She is upset that the remainder of the preparations and serving are falling on her shoulders. What emotions do you feel...guilt, remorse, irritation? And then, surprisingly, Jesus defends Mary and you - he tells Martha that she should "chill out" and that you are the one that has responded to his presence in the way that honors God. It does not say this, but from the scenario, I think Martha is older than Mary and has assumed all of the authority of being the female head of the house. I would assume that what Martha said in terms of running the household was obeyed by Mary and any servants, if they were a part of the household. While you may be happily surprised that Jesus backs you up, there may be a very real worry in the back of your mind that Martha may retaliate later or punish you in some way. How does that make you feel?

Let's come back to the present and talk about life today. We are pulled in many directions: work, home, family life, activities, play, rest, and other things that we feel obligated to do, whether they bring us joy or not. In the midst of this whirlwind cycle, do we hear the voice of Jesus? What does Jesus need to say to us in order for us to sit at his feet and listen? We often let ourselves be pulled into activities and time schedules that prevent us from spending quality time with God. We often justify this as family duty, work or we feel that because we are "doing" the good work that Jesus calls us to, that this supersedes his call to sit at his feet and listen. We approach this with a mindset of either we do these activities or we spend time with Jesus. But God calls us to unify our life so that we listen to him first and also leave time for family and activities. This requires us to prioritize and to set boundaries. There are many voices talking to us in the narrative of our life. To whom are we going to listen? Whose feet do we sit at and turn our face toward with rapt attention?

Praying with you always,

Tracy Huk, *Pastoral Life Coordinator*

# 2025-2027 IMPACT Program for Catholic Adults



IMPACT is a two-year formation program for Catholic adults, which is coordinated by the Archdiocese of Dubuque. The next offering of the IMPACT program will be held at St. Mary Catholic Church in Vinton, starting in September of 2025. IMPACT provides the opportunity to grow in your faith by attending monthly Saturday sessions with dynamic presenters, engaging in discussions with other participants, reading spiritual books, and receiving guidance from a spiritual mentor. Through study, prayer, reflection, and conversation, participants are challenged to respond more fully to Jesus' call to mission—to IMPACT our world! To learn more and apply, visit [www.dbqarch.org/impact](http://www.dbqarch.org/impact).

## Welcome New Seminarians



Welcome to Jayden Burke and Adam Knepper who are new seminarians for the Archdiocese of Dubuque. Jayden is an Immaculate Conception, Elma parishioner. Adam is a St. Peter in Temple Hill parishioner. Please pray for Adam, Jayden and all seminarians of the Archdiocese of Dubuque.

## Priests, Seminarians, & Discerner Summer Cookouts



The Vocations Office is sponsoring several holy hours of Eucharistic Adoration and cookouts this summer to pray, allow priests and seminarians to socialize with each other, and to invite young men (incoming high school sophomores and older) to pray with us and experience our fraternity. Priests are encouraged to attend cookouts even if they are unable to bring a discerner.

There is one cookout remaining this summer.

- Friday, August 1 - 5:30 PM Holy Hour at St. Elizabeth Ann Seton in Hiawatha, 6:30 PM Cookout at St. Elizabeth Ann Seton Rectory

For planning purposes, please RSVP to Julie Feldhake ([dbqcvosec@dbqarch.org](mailto:dbqcvosec@dbqarch.org)) by Wednesday before that Friday's cookout.

## Hope for Caregivers



During this Jubilee Year, Pope Francis has encouraged us to focus on “the hope that does not fade.” Hope is an especially important ingredient for healthy living as caregivers, who face stress, isolation, and sometimes ask where God is in their situations. This group is for anyone caring for a child, parent, spouse, or loved one with a chronic illness or disability. Through Scripture, prayer, and discussion, the group will affirm and encourage each other. Zoom connection will be offered for those who are not free to meet in person. We will meet on July 21 ( and on the third Monday each month) from 7 to 8:30 p.m. in the Clare Room at St. Pius X. Questions or more information: [marthahanley2@gmail.com](mailto:marthahanley2@gmail.com).



## Congratulations to Fr. Eric on the 11th Anniversary of his Ordination



Please join us as we wish God's blessings upon Fr. Eric on the 11th anniversary of his ordination to the priesthood on July 19! We would like to help Fr. Eric in refreshing the parish residence in which our assigned priests reside. Many past priests have lived in the residence and they have all been good stewards. Just like our own homes, though, there comes a time when appliances, linens, dishes, etc become so worn that they need to be replaced. If you would like to help the parish in this effort, please put a check or cash in an envelope marked "**Parish Residence**". Thank you for helping us to create and maintain a welcoming place.

## Service to Others *Metro Catholic Outreach*



### Weird Stuff

Each week, many, many donations flow into our food pantry, mostly from the wonderful folks in our area Catholic parishes. Our faithful volunteers diligently unpack and inspect each and every item, verify the expiration date, make sure the product has not been opened or damaged, and then place the items on our pantry shelves to be packed in our weekly food boxes.

We often get some very unusual items that cannot be used in the food boxes. Our volunteers have found long expired food, denture cream, colonoscopy prep drinks, opened cosmetics, even a catheter. These items are thrown into the "Weird Stuff" bin and brought back up to our office to deal with. These unique items will go onto our free shelf, if usable, or discarded. Our office volunteer Patti, however, pulled out a bag of coins last week that totaled \$18.16. Thanks go out to whomever included those coins in their donation to MCO!

## Catastrophic Flash Flooding Devastates Texas



Recent flooding has devastated parts of central Texas. At least 132 lives have been lost and more are missing. Families are displaced and in urgent need of assistance. Local Catholic Charities agencies are on the ground, providing essential aid to those affected. Visit [catholiccharitiesusa.org](http://catholiccharitiesusa.org) to support these local relief efforts. 100% of donations go directly to helping flood survivors recover.

## Natural Family Planning Awareness Week



Natural Family Planning (NFP) Awareness Week is July 20-26, 2025. NFP refers to the scientific, natural, and moral methods of family planning that can be utilized by couples to effectively avoid or achieve pregnancies, and by women for reproductive health. The theme this year is "Pursuing a Lasting Love... Marriage." For resources and a list of NFP Instructors and Providers in the archdiocese, visit [NFP.DBQArch.org](http://NFP.DBQArch.org). Watch the archdiocesan social media pages during that week for new NFP promotional videos.

## Mass Intentions

Tues. July 22 8:00 am  
† Deceased Members of the  
Leander Thoma Family

Thurs. July 24 8:00 am  
† Ray Stovie

Fri. July 25 8:00 am  
† Nick Stavropoulos

Sat. July 26 4:00 pm  
† Donna Jones

Sun. July 27 9:00 am  
For the People

## Scripture Readings

*Week of July 20, 2025*

### Sunday:

Gn 18:1-10a/Col 1:24-28/Lk 10:38-42 (108)

### Monday:

Ex 14:5-18/Mt 12:38-42 (395)

### Tuesday:

Sg 3:1-4b or 2 Cor 5:14-17/Jn 20:1-2, 11-18 (603)

### Wednesday:

Ex 16:1-5, 9-15/Mt 13:1-9 (397)

### Thursday:

Ex 19:1-2, 9-11, 16-20b/Mt 13:10-17 (398)

### Friday:

2 Cor 4:7-15/Mt 20:20-28 (605)

### Saturday:

Ex 24:3-8/Mt 13:24-30 (400)

### Sunday:

Gn 18:20-32/Col 2:12-14/Lk 11:1-13 (111)

## Journey in Faith Prayer

Lord Jesus,  
You accompanied your disciples on the way to Emmaus.  
As we journey in faith,  
we trust in your Spirit  
to open our eyes  
to set our hearts on fire  
and to transform our parishes.  
Make yourself known to us  
through breaking open word and bread,  
that we may travel together on mission:  
to grow disciples, cultivate leaders, and  
unify parishes,  
with our journey ending in You,  
who live and reign forever and ever.  
Amen.

## Metro Catholic Outreach *Calling All Volunteers*



Can you give a couple of hours once or twice per month to help those with food insecurity right here in our city?

Our volunteer shifts only last about two hours, morning or afternoon, Tuesdays, Wednesdays, or Thursdays.

Our pantry volunteers organize incoming donations, check expiration dates, stock shelves, bag up snacks, toiletries, produce, and pack the food boxes.

Our distribution volunteers add the fresh items to the food boxes on the dock, greet our clients as they arrive to pick up their groceries, and help load the cars.

Our volunteers in the office answer the door and phones, schedule clients for their food pick-ups, assemble and distribute the homeless bags, organize clothing donations and other supplies.

We are in need of more volunteers, in the pantry, the distribution dock, and in the office. We promise you will never be bored!

Contact us if you would like a tour and maybe try out a shift to see if it is a cause you would enjoy. You won't regret giving your time to help families in need! 319-739-5490.

## All Saints Nights at Green Square Meals



All Saints helps prepare and serve dinner at Green Square Meals soup kitchen, 2-3 times a month. Sign up to help at the link below or contact Melissa Peckosh (847-975-1785 or [missypeckosh@yahoo.com](mailto:missypeckosh@yahoo.com)).

ALL SAINTS NIGHTS: 2nd & 5th Tuesday, 3rd Monday  
All volunteers in sixth grade and up are welcome. Sign up at:  
<https://signup.com/go/vJYiFPm>

## Parish Office Hours



- Monday - Thursday - 8:00 am - 4:00 pm
- Friday - 8:00 am - 1:00 pm
- Saturday and Sunday - closed

The parish staff knows that your time is valuable. Please **call** or **email** the staff member you wish to speak with to ensure that they are available.

# Catholic Daughters of America



Catholic Daughters Cedar Rapids Court 1768 will not meet in July and August except for a planning meeting.

## Worldwide Marriage Encounter Weekend



**MARRIED COUPLES.** Give your marriage a well-deserved vacation. Plan to go on a Worldwide Marriage Encounter Weekend and come back with a marriage that is refreshed and full of energy! Our next weekend is September 12-14 in Dubuque. For more information call Denise and Greg at (563)920-9419 or visit [wume.org](http://wume.org).

## A Message from Mt. Calvary Cemetery



"...and to dust you shall return. Gen.3:19" From the very beginning of the Bible God reminds us that one day we will all die. Have you thought about your final resting place? Consider the beautiful, serene grounds of our Mt. Calvary Cemetery while you wait for the second coming of the Lord. Mt. Calvary Cemetery is a testimonial of our beliefs... our hopes... our faith.... this is Sacred Ground. Stop by for a visit or call for an appointment.



375 32nd St Drive SE, Cedar Rapids. 319-362-4659  
[crmt.cal@gmail.com](mailto:crmt.cal@gmail.com)

## From the Knights of Columbus



### **Exemplification to Fourth Degree**

Become a member of the 4th Degree Knights of Columbus on August 16, 2025. The Exemplification or membership ceremony will take place at St. Mary's in Spirit Lake, Iowa, but you will become an actual member of your local 4th Degree Assemble. For more information, Contact Don Breuker - text 712-461-1321 or call 712-336-4855 or

email [msgmccoykc@gmail.com](mailto:msgmccoykc@gmail.com)

## Ministry Schedule

July 19, 4:00 PM Saturday

### **Sacristan**

Mary Pat Wilkinson

### **Extraordinary Ministers**

Jean Bell

Riley Hoover

Suzanne Lammers

Ellen Mouw

Joan Murrin

Daniel Prentice

Becky Weininger

### **Altar Servers**

Katrina Golobic

James Lammers

Logan Weininger

### **Lectors**

Theresa Harker

Kathy Ulrich

### **Hospitality Ministers**

Ryan Donnelly

Daniel Greene

Barb Lindstrom

Peg Schmitz

Tom Takes

Theresa Werner

July 20, 9:00 AM Sunday

### **Sacristan**

Cate Biro

### **Extraordinary Ministers**

Tom Amosson

Bill Knapp

Dianne Knapp

Sara Lang

John Michael

David Shema

Loesje Shema

### **Altar Servers**

Dylan Lang

Alexandra Lang

Caleb Lang

### **Lectors**

Robin Brown

Tasha Tataara

### **Hospitality Ministers**

Jason Ainsworth

Kim Ainsworth

Tyler Martin

Beth Martin

Chase Philpott

Diane Weimer

## Ministry Schedule

July 26, 4:00 PM Saturday

### Sacristan

Cynthia Gunsolly

### Extraordinary Ministers

Connie Deutmeyer

Kathi Grainger

John Myers

Mike Powell

Kourtne Powell

Stephen Schmitz

Marvin Stallman

### Altar Servers

Kennedy Blue

Martin (MJ) Golobic

Ethan Meyer

### Lectors

Gavin Miller

Lisa Stephenson

### Hospitality Ministers

Elie AbouRaad

Dick Kettelkamp

Barb Lindstrom

Marcia Myers

Mike Votroubek

Theresa Werner

July 27, 9:00 AM Sunday

### Sacristan

Chris Conway

### Extraordinary Ministers

Cate Biro

Brian Conway

Stephanie Guzman

Bob Helgens

Ann Hunter

Dennis Mullarkey

Bea Rethwisch

### Altar Servers

Lewis Benfield

Roman Kilburg

Cayden Suby

### Lectors

Mary Beth Helgens

Larry Hunter

### Hospitality Ministers

Sue Bright

Maureen Dale Ernst

John Ernst

Tony Satariano

Chris Shimon

Diane Weimer

# Family Ministry

July 20, 2025 • 16th Sunday in Ordinary Time • Luke 10:38-42

## Jesus Visits With Mary and Martha

*When Jesus visits the home of his friends Mary, Martha and Lazarus, Mary sits at Jesus' feet listening to him. Her sister Martha is busy preparing dinner and serving it. When Martha complains that Mary is not helping, Jesus tells her that Mary is fine. "Mary has chosen the better part..." (v. 42).*

Martha was right: Mary, a woman living in first-century Palestine, should have been up and about cooking and serving. But as in so many other instances, Jesus ignores the social norms of his times. He tells Martha, and all of us, that it is often more important to be a listener than a doer.

Jesus wants us to be attentive to his presence, not only by spending time in prayer but also by recognizing him in the people we encounter, especially those in need. Unfortunately, we are sometimes so intent on getting the grass cut that we just give a wave to our out-of-work neighbor. Or we're so busy getting a late dinner cooked that we miss the opportunity to talk to an eight-year-old who is having a really bad day.

There are always a dozen things that need to be done, and at least half of them need to be done right now. Jesus is telling us to prioritize. And when we prioritize, people always come first. So we look at the situation: overgrown grass, hungry kids, a concerned neighbor and a worried child. We know the grass can wait, and the kids won't starve. We go over to the neighbor or sit down with the child, and we listen.

When all is said and done, what does it matter if your house is immaculate and the beds are always made, or the garage is so clean you can see your face in the concrete? The bottom line is always about relationships. Jesus is telling us how important it is to take time from our busy schedules to spend time with him in prayer, yes, but also to take time to engage in attentive listening to those in need.

## FAMILY RESPONSE

As a family, practice attentive listening. Have someone talk about a problem he or she is having at work or school. Make sure no one interrupts until the one who is speaking has finished his or her story. Ask questions to better understand the situation. Suggest solutions only if the person asks for them.

## PERSONAL RESPONSE

Think of someone you know who is a good listener. What qualities make him or her that way? How good a listener are you? How can you be better?

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**Parish Office (319) 363-6130**  
**Mon.-Thurs., 8:00 am - 4:00 pm**  
**Friday, 8:00 am - 1:00 pm**

<b>Parish Life Coordinator</b>	Tracy A. Huk	<a href="mailto:plc@allsaintscr.com">plc@allsaintscr.com</a>	Ext. 111
<b>Deacon</b>	Mike Klappholz	<a href="mailto:deaconmike@allsaintscr.com">deaconmike@allsaintscr.com</a>	Ext. 107
<b>Deacon</b>	Ed Martin	<a href="mailto:deaconed@allsaintscr.com">deaconed@allsaintscr.com</a>	Ext. 105
<b>Sacramental Priest</b>	Rev. Eric Saah	<a href="mailto:e.saah@dbqarch.org">e.saah@dbqarch.org</a>	Ext. 116
<b>Bookkeeper</b>	Jeremy Lutz	<a href="mailto:bookkeeper@allsaintscr.com">bookkeeper@allsaintscr.com</a>	Ext. 108
<b>Medical Emergencies &amp; Funerals</b>	Tracy A. Huk	<a href="mailto:plc@allsaintscr.com">plc@allsaintscr.com</a>	Ext. 111
<b>Dir. of Music Ministries</b>	Matthew Burrier	<a href="mailto:music@allsaintscr.com">music@allsaintscr.com</a>	Ext. 106
<b>Dir. of Adult Formation</b>	Bob Lillibridge	<a href="mailto:adultformation@allsaintscr.com">adultformation@allsaintscr.com</a>	Ext. 109
<b>Dir. of Children's Formation</b>	Stacy Cataldo	<a href="mailto:catechesis@allsaintscr.com">catechesis@allsaintscr.com</a>	Ext. 114
<b>Office Manager</b>	Dan Alpers	<a href="mailto:officemgr@allsaintscr.com">officemgr@allsaintscr.com</a>	Ext. 100
<b>IT Director</b>	Ethan Weiland	<a href="mailto:it@allsaintscr.com">it@allsaintscr.com</a>	Ext. 104
<b>Scrip Coordinator</b>	Lori Jiaccio	<a href="mailto:scrip@allsaintscr.com">scrip@allsaintscr.com</a>	(319) 535-3570

**Parish School (319) 363-4110**

<b>School Principal</b>	Kelly Starr	<a href="mailto:kelly.starr@crxcs.org">kelly.starr@crxcs.org</a>	Ext. 234
<b>School Office Manager</b>	Elaine Collins	<a href="mailto:elaine.collins@crxcs.org">elaine.collins@crxcs.org</a>	Ext. 233
<b>Early Childhood Director</b>	Kelly Starr	<a href="mailto:kelly.starr@crxcs.org">kelly.starr@crxcs.org</a>	Ext. 234
<b>Regis Middle School Principal</b>	Amanda Allard	<a href="mailto:amanda.allard@crxcs.org">amanda.allard@crxcs.org</a>	(319) 363-1968
<b>Xavier High School Principal</b>	Lynn Holverson	<a href="mailto:lynn.holverson@crxcs.org">lynn.holverson@crxcs.org</a>	(319) 294-6635



## Sacrament Information

**Sacrament of Reconciliation:** Saturdays at 3:15 p.m.

**Sacrament of Baptism:** Baptism preparation class is required for parents. Contact Deacon Ed Martin ([DeaconEd@allsaintscr.com](mailto:DeaconEd@allsaintscr.com) or 319-364-7524) to schedule a class and date for the baptism (some date restrictions may apply).

**Sacrament of Matrimony:** Couples are to make arrangements at least six months before the intended date of the wedding in order to fulfill the necessary requirements. Please contact Deacon Mike Klappholz ([DeaconMike@allsaintscr.com](mailto:DeaconMike@allsaintscr.com)) to begin the process.

**Order of Christian Initiation for Adults (OCIA):** To schedule classes, contact Bob Lillibridge, Director of Formation, for more information ([adultformation@allsaintscr.com](mailto:adultformation@allsaintscr.com)).

**Confirmation:** More information will be available this Fall.

**First Reconciliation & Eucharist:** Second graders combine home study and retreats to prepare for these sacraments. Contact Stacy Cataldo, Director of Catechesis, for more information ([catechesis@allsaintscr.com](mailto:catechesis@allsaintscr.com)).

**Anointing of the Sick:** Please contact the office at 319-363-6130, ext. 100 to schedule anointings.

## Miscellaneous Information

**Newcomer Registration:** Call the Parish Office at 363-6130, ext. 100, or register on line at <http://www.allsaintscr.com>.

**Bulletin Deadline:** Items must be submitted electronically to the parish office by Noon on the preceding Monday to: [bulletin@allsaintscr.com](mailto:bulletin@allsaintscr.com).

## Opportunities for Prayer

**Adoration of the Blessed Sacrament:** Thursdays, 8:30 AM to 9:15 AM in the Chapel.

**All Saints Prayer Group:** Tuesdays at 3:00 PM in the church lower level.

**Prayer Tree:** Available to anyone who would like us to pray for their intentions. Please call Darlene Fandel at 319-560-4844.

**Women's Prayer Group:** Tuesday mornings after 8:00 AM Mass.

**M.O.M.S Rosary:** 7:30 PM 1st Monday of the month, Queen of All Saints Chapel.

**Prolife Rosary:** Fridays after 8:00 AM Mass.

**Parish Website:** You may submit prayer intentions any time at: [allsaintscr.com/prayer](http://allsaintscr.com/prayer).