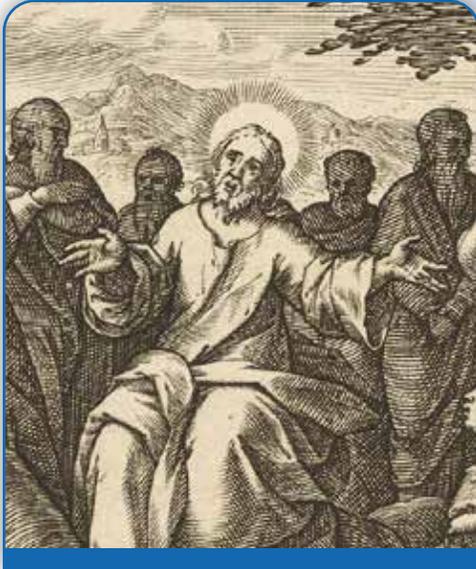


# ALL SAINTS

CATHOLIC CHURCH & SCHOOL



*Love God • Serve Others • Form Disciples*



**January 27 & January 28, 2024;  
Fourth Sunday in Ordinary Time**

*If today you  
hear his voice,  
harden not  
your hearts.*  
*Hebrews 3:15*

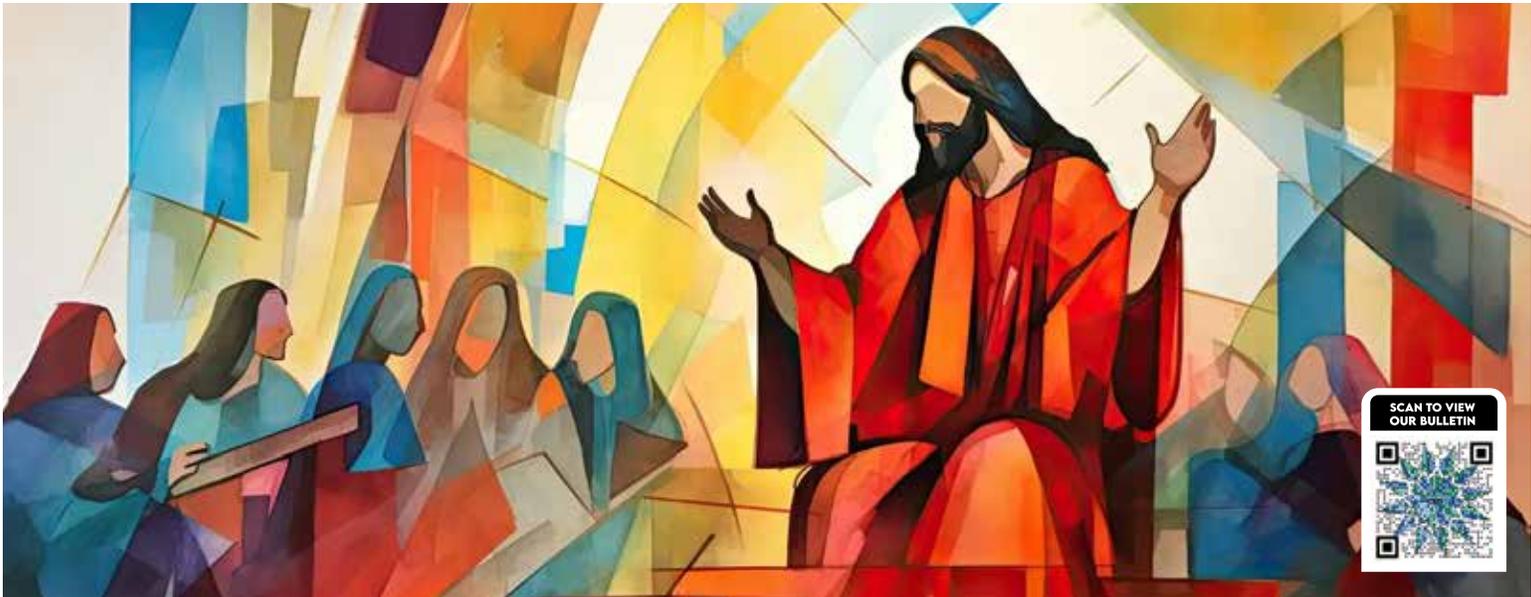
**WEEKEND MASS TIMES**

Saturday 4:00 pm  
Sunday 9:00 am

**WEEKDAY MASS TIMES**

Tuesday 8:00 am  
Wednesday 8:00 am  
Thursday 8:15 am  
Friday 8:00 am

## *All Were Amazed*



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@AllSaintsCedarRapidsIowa



@allsaintscr

All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130

## Please Pray for the Following People

(Why people want prayers isn't important, *the prayers are!*)

Rose Jackson.



**Parishioners & Family Members on Active Duty:**  
Matthew Reitzel



To add a name call Dan Alpers, at 363-6130, ext. 100. Names will be listed for 4 weeks and may be renewed. †, Recently deceased will be listed for two weeks.

## Stewardship Corner



Moses told the people, “The Lord will raise up for you a prophet like me from among your own kinsmen.” God still provides among His people the gifts and talents necessary to continue the work of His Church. What gifts are yours to share?

## Grief Support Workshop



Grief Support Workshop with Grief Peer Group Discussions

Series begins April 11 and runs each consecutive Thursday through May 16th at St. Pius X Parish. To register or for more information please call Sean Lokmer at (319) 393-4445 or email at [pa@crpiusx.org](mailto:pa@crpiusx.org).

Good Mourning Ministry

There are no stages to grief. We all experience loss in our own unique way. Healing is an intentional process where we gather together as a community of faith to become disciples of hope. It is through prayerful reflection, practical learning and personal fellowship that we mourn. “Grieving with Great HOPE” is a bereavement support program. All who are grieving the death of a loved one are welcome.

## Haiti Committee is Looking for Website Support Volunteers



The All Saints Haiti Committee is looking for volunteers interested in providing technical and content support for their website <https://haitieasterniowa.com/category/haiti/>. This would include page design, posting photos and information, updating content during fundraisers, tracking subscription services, and updating website software and extensions. Volunteers must be familiar with WordPress.

If you are interested in helping our Haiti mission by providing website support, please contact Steve Schmitz at [stephen@schmitzia.com](mailto:stephen@schmitzia.com) for more information.

# CEW Retreat



Has your faith grown cold this winter? Light a fire in your faith by joining us for a **Christian Experience Weekend!** The CEW retreat will be held March 1 - 3, 2024, in Scotch Grove, IA at The Bean Farm. This is a renewal weekend for adults (both men and women), and is designed to enable them to more deeply experience themselves, their relationship to God and the Christian Community.

Registration is \$55 and includes all meals/snacks and lodging.  
For more information contact Carol Husmann: (319) 480-3226 or go to:  
<http://www.thebeanfarmofscotch.grove.org/>

## Service to Others *Metro Catholic Outreach*



### Bus Passes Needed

Imagine trying to get anywhere in this town, in this weather, without reliable transportation. Many of our local citizens in need have lost their photo IDs, which are needed to apply for numerous services.

Just to replace an Iowa ID, for example, requires a trip to the CR Driver & Identity Service Center on the far southwest side of town. Bringing home groceries, getting to medical appointments, etc. are nearly impossible to navigate in and around Cedar Rapids without a vehicle.

A group of women from St. Monica's Circle at All Saints parish donated the batch pictured above, and we'll go through these quickly.

Please consider donating bus passes. We have several requests each day, and this week alone we have given out about 40. Our clients so appreciate these and are extremely grateful!

[https://www.cedar-rapids.org/residents/city\\_buses/index.php](https://www.cedar-rapids.org/residents/city_buses/index.php)

### Watch For Those Sales

Smart shopper Cindy from St. Jude snagged some excellent boots at Walmart for \$1.00 each! As soon as she brought them in, one of our homeless clients wearing only lightweight sneakers in the snow was able to walk out of our office in some warm footwear.

Patty, a weekly volunteer and St. Patrick parishioner, connected with her friend Kristine from *Marketing Innovations* to purchase over 100 pairs of warm gloves at a greatly reduced price. There is a big need here for warm gloves, and these will go quickly!

As many businesses drop their winter prices in late January and beyond, please think of your homeless neighbors when shopping for your families.

# Catholic Daughters of the Americas



Catholic Daughters of the Americas Cedar Rapids #1768 has members from all 11 parishes who engage in creative and spiritual programs. There is no CDA membership meeting during the winter month of January. The next meeting will be Tues, February,13.

## A Note About Year-End Statements



By now, donors will have received an email from Church Center with a “Download my statement” button, the button is only active for **fifteen** days. After that, they may login to Church Center to download it on their mobile device or <https://allsaintscr.churchcenter.com/giving/profile/statements> to download it. If a donor doesn’t download their statement by Jan 26th, they will be printed and mailed to the address on file. Statements that total less \$250.00 in donations will only be mailed by donor request.

Please contact Jeremy at [bookkeeper@allsaintscr.com](mailto:bookkeeper@allsaintscr.com) or 319-363-6130 x 108 if you have any questions.

Full Church Center instructions can be found at:

<https://pcogiving.zendesk.com/hc/en-us/articles/360045714974-How-to-Use-Church-Center>.

## The All Saints Podcast



Announcing the All Saints Podcast! Episode 7 featuring Amy Conyers is available to download! Learn about All Saints Elementary’s involvement in the Great Kindness Challenge. Search The All Saints Podcast on Apple Podcasts or Spotify today.

Or listen to it right here: <https://feeds.buzzsprout.com/2233953.rss>

SCAN TO LISTEN



## Young Catholics Art Exhibit



Stop by our “Young Catholics” exhibit in the landing off of the main sanctuary entrance. Get to know some of the names and faces of Ablaze youth ministry. By doing so, we ask for your continued prayers and support of our young parishioners.



# Everyday Metanoia



Today is the Fourth Sunday in Ordinary Time. St. Paul's message really hit home this week. As I read and reflected upon it, I saw a very short bridge between the world of St. Paul and our world. Let me explain. "Brothers and sisters: I should like you to be free of anxieties." Is that not the story of many of our lives the past few years, and for some, longer than that? Anxiety has become a hot topic and a big business. To our detriment, I feel that we do not give our mental and spiritual health the same time, attention and money that we give our physical health. Anxiety is a very real mental condition, but typical of our culture, it has become a popular and misused catchphrase and media sound byte. The Mayo Clinic gives this short overview on anxiety: "Experiencing occasional anxiety is a normal part of life. However, people with anxiety disorders frequently have intense, excessive and persistent worry and fear about everyday situations." As I was researching and reflecting on Paul's message, I ran across an article from the New York Times which was the starting point for my "lightbulb" moment. The article was titled "New Year's Resolutions for Dealing with Anxiety", but really what most of the article talked about was stress and not anxiety. I feel that this is more what St. Paul was talking about - stress; and basic worrying, produced by the many choices that face us everyday and our human desire to try to do and have it all.

The Corinthians were a lot like our present culture and Church. George T. Montague, SM, has this to say in the introduction to his reflection and commentary on First Corinthians, "Imagine that in a dream one night you find yourself in a parish where there are several drunks at Sunday Mass; where some members are claiming that there is no resurrection of the dead and that Jesus is not really present in the Eucharist; the parishioners are divided into cliques and factions; the present of the Altar Society is not talking to the head catechist; there is public unchallenged adultery and many marriages are in disarray; a group is dabbling in New Age Spirituality; the liberals, the charismatics and the traditionalists are all trumpeting their version of the church; and Masses are abbreviated for the sake of Sunday football - one of the many signs the parish has compromised heavily with the surrounding secular culture. A nightmare? Not exactly. You were just experiencing a modern version of the community in Corinth."

So after a good laugh as I realize that 56 AD church life is not any different than 2024 AD church life (the short bridge I mentioned earlier), I started to wonder what being unmarried or married has to do with Paul's message and how does that play into our relationship with God and the covenantal relationship we have? I think what Paul was trying to say is that when we marry, by necessity, our focus and time commitments change. Another person, and possibly persons if we have children, are now needing some of our resources, specifically time. The ideal Christian for St. Paul is one who is free to and chooses to prioritize and give their resources freely to God. While I understand Paul's thought process, I am sure that in real life, the single and the widow still had much to worry about that diverted their attention from God in Corinth in 56 A.D. Not unlike the parables of Jesus, though, I feel that Paul was trying to get his message across with an example to which the people could easily relate. I get the marriage application and I am sure that Paul's audience, the Christian citizens of Corinth, got it too.

What's the message then that relates both to 56 A.D. and to 2024 A. D. for the Christian? The message is about putting God first and how that needs to be a deliberate decision and choice everyday because the world pulls our attention and resources elsewhere. It may be more difficult for those who have responsibilities to others, such as a spouse, children or even an aging parent. There is a really good book called *Having a Mary Heart in a Martha World* that addresses this and gives practical suggestions for positive change and reflective prayer. We think that we live in a complicated and demanding era, compared to that of our ancestors, but, do we really? At the end of the day, it is still about valuing and prioritizing our life and relationship with God, as it was when Paul was writing to the Corinthians. It does not matter if you are male or female, married or single, how can we let go of some of our Martha ways so that we can sit at the feet of Jesus like Mary? God gives us the gift of free will, how do we return and honor that gift with God, ourselves and others in a world that values productivity and busyness above all else? And speaking of choices...

And so, I invite you to attend Mass this weekend (and then the next and the next...) If you know someone who has been absent, invite them to join you! Praying with you always.

Tracy Huk  
Business Manager  
[businessallsaints@gmail.com](mailto:businessallsaints@gmail.com)

## Mass Intentions

Tues. January 30 8:00 am  
McNeil & Convoy Families

Wed. January 31 8:00 am  
† John Thraen

Thurs. February 1 8:15 am  
† Rev. Msgr. James Barta

Fri. February 2 8:00 am  
† Margene & Jerry Rule

Sat. February 3 4:00 pm  
† Sally Carroll

Sun. February 4 9:00 am  
For the People

## Scripture Readings

*Week of January 28, 2024*

### Sunday:

Dt 18:15-20/1 Cor 7:32-35/Mk 1:21-28 (71)

### Monday:

2 Sm 15:13-14, 30; 16:5-13/Mk 5:1-20 (323)

### Tuesday:

2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Mk 5:21-43 (324)

### Wednesday:

2 Sm 24:2, 9-17/Mk 6:1-6 (325)

### Thursday:

1 Kgs 2:1-4, 10-12/Mk 6:7-13 (326)

### Friday:

Mal 3:1-4/Heb 2:14-18/Lk 2:22-40 or 2:22-32 (524)

### Saturday:

1 Kgs 3:4-13/Mk 6:30-34 (328)

### Sunday:

Jb 7:1-4, 6-7/1 Cor 9:16-19, 22-23/Mk 1:29-39 (74)

## All Saints Nights at Green Square Meals



All Saints helps prepare and serve dinner at Green Square Meals soup kitchen, 2-3 times a month. Sign up to help at the link below or contact Melissa Peckosh (847-975-1785 or [missypeckosh@yahoo.com](mailto:missypeckosh@yahoo.com)).

ALL SAINTS NIGHTS: 2nd & 5th Tuesday, 3rd Monday

All volunteers in sixth grade and up are welcome. Sign up at: <https://signup.com/go/vJYiFPm>

## The Power of *Planning Center*



Planning Center offers a range of features that cater to the needs of Parishioners at All Saints Catholic Church, enhancing their overall experience in managing People, Giving, and Registrations. In the People module, parishioners can easily access and update their personal information, ensuring that the church database remains

current and accurate. This feature promotes efficient communication and fosters a sense of community by allowing members to connect with each other seamlessly.

The Giving module provides a user-friendly platform for parishioners to contribute to the church financially. Through secure and convenient online giving options, members can support the church's mission and activities with ease. Additionally, this feature offers transparency, allowing individuals to track their donation history and stay informed about the impact of their contributions on the community.

For Registrations, Planning Center simplifies the process of signing up for events, programs, and services within the church. Whether it's registering for a religious education class or signing up for volunteer opportunities, parishioners can navigate the registration process effortlessly. This ensures smooth event planning and coordination while empowering members to engage actively in various church activities.

In summary, Planning Center provides Parishioners at All Saints Catholic Church with practical tools for managing personal information, making financial contributions, and participating in church events. These features are designed to streamline administrative tasks, promote community involvement, and contribute to the overall well-being of the church congregation.

This app may be found in the app store on your Smartphone. Click the search button and enter **church center** app in the search bar. Download it, open and explore the many features of this app.

# Bruins Beat

Our Good Kids are Doing Good Things



Time to Explore Regis



SAVE THE DATE

## EXPLORE REGIS 2024

SATURDAY, JANUARY 27 9-11 AM  
 WEATHER MAKE-UP DAY FEB. 3

REGIS MIDDLE SCHOOL  
 735 PRAIRIE DR NE  
 CEDAR RAPIDS

RSVP for Explore Regis at  
 319-363-1968



[www.allsaints-crschool.org](http://www.allsaints-crschool.org)

## Ministry Schedule

January 27, 4:00 PM Saturday

### Sacristan

Joan Fishburn

### Extraordinary Ministers

Aaron Kelly

Cindy Lyness

Gavin Miller

Ellen Mouw

Joan Murrin

John Myers

Stephen Schmitz

### Altar Servers

Joseph Cataldo

Jackson Keller

Vivy Robbins

### Lectors

Stacy Cataldo

Theresa Harker

### Hospitality Ministers

Elie AbouRaad

Sue Bright

Ryan Donnelly

Barb Lindstrom

Marcia Myers

Mike Votroubek

January 28, 9:00 AM Sunday

### Sacristan

Sherry Casey

### Extraordinary Ministers

Tom Amosson

Ann Hunter

Larry Hunter

Andrew Lang

John Michael

Loesje Shema

David Shema

### Altar Servers

Everly Felland

Cayden Suby

Ava Szymanowski

### Lectors

Lynn Holverson

Todd Holverson

### Hospitality Ministers

Jason Ainsworth

Kim Ainsworth

Nicole Johnson

Bea Rethwisch

Pete Rethwisch

Diane Weimer

# Ministry Schedule

February 3, 4:00 PM Saturday

## Sacristan

Cate Biro

## Extraordinary Ministers

Jean Bell

Aaron Kelly

Suzanne Lammers

Sara Lang

Cindy Lyness

Ellen Mouw

Joan Murrin

## Altar Servers

Sean Kelly

Logan Kelly

James Lammers

## Lectors

Rick Stefani

Lisa Stephenson

## Hospitality Ministers

Jen Colby

Chris Colby

Dick Kettelkamp

Barb Lindstrom

Jan Merfeld

Peg Schmitz

February 4, 9:00 AM Sunday

## Sacristan

Sherry Casey

## Extraordinary Ministers

Brian Conway

Dianne Knapp

Bill Knapp

John Michael

Dennis Mullarkey

Gregory O'Connell

David Shema

## Altar Servers

Addison Johnson

Eli Shane

Ellorie Shane

## Lectors

Mick Erdman

Loesje Shema

## Hospitality Ministers

Maureen Dale Ernst

John Ernst

Tony Satariano

Chris Shimon

Diane Weimer

# Family Ministry

January 28, 2024 • 4th Sunday in Ordinary Time • Mark 1:21–28

## *The Importance of Authority*

*Jesus began to teach in the synagogues, and people listened to him. On one occasion a possessed man entered and began to shout at Jesus. The people were astonished when Jesus drove the evil spirit out of him. Jesus' fame began to spread throughout Galilee.*

Jesus is listened to because he teaches with authority. The tone of his voice, his inflection, makes people take notice. Projecting that image of authority is important for parents too. I learned that lesson when my oldest son was five.

As a youngster I hated hearing my parents say, "Because I told you so." When my first child was born I resolved that I would never say those words to my children.

It took me five years to realize the importance of developing a voice and look that conveyed those words of absolute authority.

I was feeding two toddlers when my oldest came in the house, accidentally bringing in a huge wasp. Big flying bugs scare me silly, but I knew I could not show panic. I would take care of the wasp—after my children were safely away. I asked Roger Andy to take his brother and sister out of the room. Instead of moving toward them, he sat down and asked me, "Why?" My quick explanation was met with another, "Why?" By the third "Why?", I met his eye, gave him the look, and in a monotone two octaves lower than normal, commanded: "Because I told you so." He grabbed his two siblings and left.

Later, I thanked him for rescuing Kristin and James. I would like to say I proceeded to answer all his questions about wasps, but I didn't (I was never the perfect mom). But I did learn an important lesson that day. There are certain times when a parent needs to speak with attention-getting authority. Make sure one of those times is when you are talking about the gospel—delivered in your everyday voice and without "the look."

## FAMILY RESPONSE

Discuss the different people of authority in your lives. Help your children understand that even adults have people who have power over them.

## PERSONAL RESPONSE

How do you respond to authority? Are you careful in how you use your authority over your children? What do you want to remember from last week? What are you looking forward to next week? What are your concerns?

*Bringing Home the Gospel: Parent Reflections on the Sunday Gospels • Copyright © 2022 Judith Dunlap. Published by the Pastoral Center, PastoralCenter.com. All rights reserved. Scripture passages have been taken from the New Revised Standard Version Bible, copyright ©1989 by the Division of Christian Education of the National Council of the Churches of Christ in the U.S.A., and used by permission. All rights reserved.*

# BLOOD DRIVE

**BLOODCENTER.ORG**

## All Saints Catholic Church

**Saturday, February 17<sup>th</sup>**

**9:00 am – 12:00 pm**

**Lower Level - 720 29<sup>th</sup> St. SE.**

Sign up by calling Dennis Mullarkey at (319) 350-3776  
or email [larks3150@gmail.com](mailto:larks3150@gmail.com).

Visit us at [www.bloodcenter.org](http://www.bloodcenter.org) and  
use group code 1879 to schedule online.

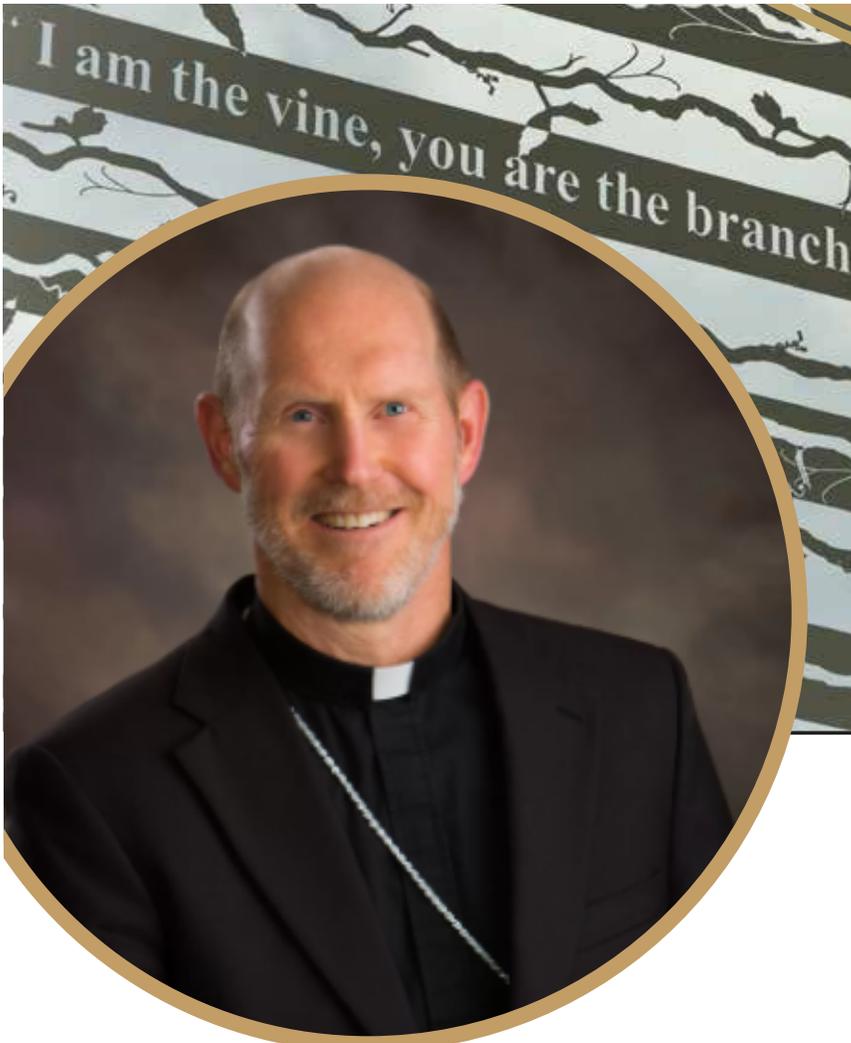


Give & get your choice of a gift card  
or bonus points to shop our store for  
our new long-sleeved shirt!

*Please eat & hydrate before donating and  
bring Photo ID.*

Last Date to Donate Elsewhere: 12/23/23  
Group Sponsor Code: 1879





The St. Jude Church  
Faith Formation  
Commission

**WELCOMES  
ARCHBISHOP  
THOMAS  
ZINKULA**

for a special  
*Leap Day*  
presentation:

# MY ROAD TO BEING A BISHOP

*What's God Saying to You?*

**29** February  
2024

**6:30 PM | Church**  
Reception to follow  
in the Community Center



**St. Jude Catholic Church**  
50 Edgewood Rd NW  
Cedar Rapids, IA 52405

For more information,  
visit [judes.org](http://judes.org)  
or call 319-390-3520.

## Parish Office (319) 363-6130, Mon.-Fri., 8:00 am - 4:00 pm

<b>Pastor</b>	Rev. John R. Flaherty	<a href="mailto:fatherjack@allsaintscr.com">fatherjack@allsaintscr.com</a>	Ext. 116
<b>Deacon</b>	Mike Klappholz	<a href="mailto:deaconmike@allsaintscr.com">deaconmike@allsaintscr.com</a>	Ext. 107
<b>Deacon</b>	Ed Martin	<a href="mailto:deaconed@allsaintscr.com">deaconed@allsaintscr.com</a>	Ext. 105
<b>Business Manager</b>	Tracy A. Huk	<a href="mailto:businessmgr@allsaintscr.com">businessmgr@allsaintscr.com</a>	Ext. 111
<b>Bookkeeper</b>	Jeremy Lutz	<a href="mailto:bookkeeper@allsaintscr.com">bookkeeper@allsaintscr.com</a>	Ext. 108
<b>Medical Emergencies &amp; Funerals</b>	Rev. John R. Flaherty	<a href="mailto:fatherjack@allsaintscr.com">fatherjack@allsaintscr.com</a>	Ext. 116
<b>Dir. of Music Ministries</b>	Matthew Burrier	<a href="mailto:music@allsaintscr.com">music@allsaintscr.com</a>	Ext. 106
<b>Dir. of Adult Formation</b>	Bob Lillibridge	<a href="mailto:adultformation@allsaintscr.com">adultformation@allsaintscr.com</a>	Ext. 109
<b>Dir. of Children's Formation</b>	Stacy Cataldo	<a href="mailto:catechesis@allsaintscr.com">catechesis@allsaintscr.com</a>	Ext. 114
<b>Youth Minister</b>	Isabelle Werner	<a href="mailto:youthministry@allsaintscr.com">youthministry@allsaintscr.com</a>	Ext. 115
<b>Office Manager</b>	Dan Alpers	<a href="mailto:officemgr@allsaintscr.com">officemgr@allsaintscr.com</a>	Ext. 100
<b>IT Director</b>	Ethan Weiland	<a href="mailto:it@allsaintscr.com">it@allsaintscr.com</a>	Ext. 104
<b>Scrip Coordinator</b>	Lori Jiacinto	<a href="mailto:scrip@allsaintscr.com">scrip@allsaintscr.com</a>	(319) 363-4110

## Parish School (319) 363-4110

<b>School Principal</b>	Kelly Starr	<a href="mailto:kstarr@allsaints-crschool.org">kstarr@allsaints-crschool.org</a>	Ext. 234
<b>School Office Manager</b>	Elaine Collins	<a href="mailto:ecollins@allsaints-crschool.org">ecollins@allsaints-crschool.org</a>	Ext. 233
<b>Early Childhood Director</b>			Ext. 275
<b>Regis Middle School Principal</b>	Josh Gredys	<a href="mailto:jgredys@regisroyals.org">jgredys@regisroyals.org</a>	(319) 363-1968
<b>Xavier High School Principal</b>	Lynn Holverson	<a href="mailto:lholverson@xaviersaints.org">lholverson@xaviersaints.org</a>	(319) 294-6635



## Sacrament Information

**Sacrament of Reconciliation:** Saturdays at 3 p.m.

**Sacrament of Baptism:** Baptism preparation class is required for parents. Contact Deacon Ed Martin ([DeaconEd@allsaintscr.com](mailto:DeaconEd@allsaintscr.com) or 319-364-7524) to schedule a class and date for the baptism (some date restrictions may apply).

**Sacrament of Matrimony:** Couples are to make arrangements at least six months before the intended date of the wedding in order to fulfill the necessary requirements. Please contact Deacon Mike Klappholz ([DeaconMike@allsaintscr.com](mailto:DeaconMike@allsaintscr.com)) to begin the process.

**Rite of Christian Initiation for Adults (RCIA):** Classes are scheduled for Monday evenings beginning in the Fall. Contact Bob Lillibridge, Director of Formation, for more information ([adultformation@allsaintscr.com](mailto:adultformation@allsaintscr.com)).

**Confirmation:** High school sophomores meet bi-weekly on Sunday evenings from 5:00 PM to 6:00 PM, September through February to prepare. Contact Isabelle Werner for more information ([youthministry@allsaintscr.com](mailto:youthministry@allsaintscr.com)).

**First Reconciliation & Eucharist:** Second graders combine home study and retreats to prepare for these sacraments. Contact Stacy Cataldo, Director of Catechesis, for more information ([catechesis@allsaintscr.com](mailto:catechesis@allsaintscr.com)).

**Anointing of the Sick:** Please contact the office at 319-363-6130, ext. 100 to schedule anointings.

## Miscellaneous Information

**Newcomer Registration:** Call the Parish Office at 363-6130, ext. 100, or register on line at <http://www.allsaintscr.com>.

**Bulletin Deadline:** Items must be submitted electronically to the parish office by Noon on the preceding Monday to: [bulletin@allsaintscr.com](mailto:bulletin@allsaintscr.com).

## Opportunities for Prayer

**Adoration of the Blessed Sacrament:** Thursdays, 8:30 AM to 9:30 AM in the Church.

**All Saints Prayer Group:** Tuesdays at 3:00 PM in the church lower level.

**Prayer Tree:** Available to anyone who would like us to pray for their intentions. Please call Ramona Welsh at 319-366-1770.

**Women's Prayer Group:** Tuesday mornings after 8:00 AM Mass.

**M.O.M.S Rosary:** 7:30 PM 1st Monday of the month, Queen of All Saints Chapel.

**Prolife Rosary:** Fridays after 8:00 am Mass.

**Parish Website:** You may both submit and view prayer intentions any time at:

<https://allsaintscr.churchcenter.com/people/forms/413117>.