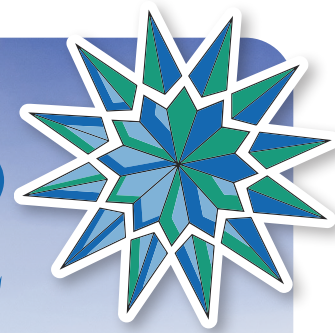
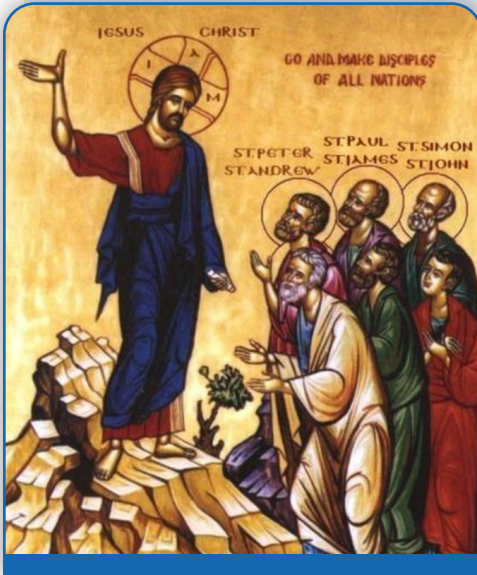


ALL SAINTS

CATHOLIC CHURCH & SCHOOL



Love God • Serve Others • Form Disciples



**July 8 & July 9, 2023;
Fourteenth Sunday in Ordinary Time**

*A prophet
is not without
honor except in his
native place and among
his own kin and in
his own house.*

Mark: 6:4

WEEKEND MASS TIMES

Saturday	4:00 pm
Sunday	9:00 am

WEEKDAY MASS TIMES

Tuesday	8:00 am
Wednesday	8:00 am
Thursday	8:00 am
Friday	8:00 am

God Comforts Us Even in Difficult Times



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@allsaintscr

All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130

Please Pray for the Following People

(*Why people want prayers isn't important, the prayers are!*)



Vera Mehring, Brette Dostal, Pat Malloy, Scott Bembenek, Kevin Conway, Tina Schmitz, Christina Rinderknecht, Randy Krejci, Kerry Lynn, Christina Lynn, Tammy Fox Hingtgen, Joyce Jeanblanc, Bette & Patrick Logan, Jim Thompson, Deb Gallagher, Mindi Van Gilder, Imelda Tatara, Jenny Owens, Alan Murray, Elsa Mudong, Gregory Anexstad, Joe Zachar, Larry Richards, Nyle Pratt, Donna Feld, Teddy Sabet, Jerry Noel, Mary Gallagher, Boheman/Bowers Family, Jones Hingtgen, Cal Speltz, John and Cindy Beasley, Jim and Joanne Trcka, Mike Wirfel, Brenda Fox-Kowalsky, Mary Gates, † Donna Feld, and † Joseph Zachar Jr.

Parishioners & Family Members on Active Duty:

Andy Murtha, Stephen Ocenosak, Zachary Gilbert, Ryer Barnes

To add a name call Dan Alpers, at 363-6130, ext. 100. Names will be listed for 4 weeks and may be renewed. †, Recently deceased will be listed for two weeks.



Stewardship Corner



“Let all your works give You thanks, Oh Lord, and let Your faithful ones bless You,” says the psalmist. Stewardship is this “attitude of gratitude” for the many gifts God has given us.

Peaches for Me... Peaches for YOU!



Court Cedar Rapids #1768 is made up of women from all the Catholic parishes in the metro Cedar Rapids area. The Catholic Daughters are again conducting the fresh Colorado peaches fundraiser during June and July. Previous proceeds have benefited Metro Catholic Outreach, the Catholic Worker House, and St. Vincent de Paul. 18-22 pound boxes are \$35 and 9-12 pound boxes are \$22. Order forms can be found at: www.crcatholicdaughters.org or at www.facebook.com/CDAcourt1768/. Orders will be delivered in August to St. Wenceslaus Church at 1224 5th Street SE. Orders must be placed no later than Wednesday, July 26.

Get the “Scoop” on Parish Life with Root Beer Floats!



Join us for a summer treat!

Come enjoy a root beer float after 4:00 and 9:00 Mass on July 15-16 and July 29-30.



You Are Cordially Invited...



Welcome to the Fourteenth Sunday in Ordinary Time. Last week Jesus instructed us to pick up our cross and follow him. As He often does, this week, Jesus reminds us that in truly knowing the Father, down often becomes up and the last becomes the first. “Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.”

According to Encyclopedia Britannica a yoke is a “wooden bar or frame used to join draft animals at the heads or necks so that they pull together.” I would like to propose that one of the reasons that our cross becomes easy when we take the yoke of Jesus upon us is that it joins our hearts to work together and lightens the burden. Well, great thought, I told myself, but what does that mean? Hmm, I had to ponder that one for several days before God revealed an answer. When we boil down the 10 commandments, the sacramental call of our baptism and confirmation, and the Gospel teachings of Jesus into one cross that Jesus died upon for our salvation, the yoke that we share with the heart of Jesus has three parts: Love God; Serve Others; Form Disciples. Wait - that’s our mission statement - isn’t that rather simplistic, I asked myself? And yet, the more I pondered our mission statement, the clearer it became that this is why Jesus is able to proclaim that “my yoke is easy, and my burden light.”

God created us all lovingly as unique individuals, while miraculously still being created in His image. While we have the Sacred Deposit of Faith to help guide us: Sacred Scripture; Tradition; and the Magisterium - none of these are a one size fits all to-do list meant to get us from birth to Heaven. This has to be as freeing a revelation today as it was to the listeners of Jesus. The Pharisees, the Scribes and the Sadducees often called the Jewish faithful to oppressive and weighty outward actions as proof of their worthiness and faith. On numerous occasions Jesus called them out for their hypocrisy as He instructed the listeners that it is the purity of our heart that matters the most. So we are called to take this “yoke upon [us] and learn from [Jesus]...”

As the life of Jesus and His teachings continue to unfold during Ordinary Time, let’s ask the question each day, “What is Jesus asking of me?” I feel that almost every time, the answer will be one of the following: Love God; Serve Others; Form Disciples. Like the Pharisees, Sadducees and the Scribes, we often make our lives complicated and difficult. Let’s join our heart to Jesus’ and lighten the burden.

And so, I invite you to Mass (and then the next and the next...) If you know someone who has been absent or who is seeking God to come into their life, invite them to join you! I invite our full participation in the mission of All Saints. If you have ideas and would like to help them come to fruition, I invite you to share them with me. ***Love God-Serve Others-Form Disciples.***

Praying and hoping with you always.

Tracy Huk
Business Manager
businessmgr@allsaintscr.com

Mass Intentions

Tues. July 11 8:00 am
Holy Souls of Purgatory

Wed. July 12 8:00 am
† Linda Schimberg

Thurs. July 13 8:00 am
For the People

Fri. July 14 8:00 am
For the People

Sat. July 15 4:00 pm
For the People

Sun. July 16 9:00 am
Gail & Eileen Whitmore

Scripture Readings

Week of July 9, 2023

Sunday:

Zec 9: 9-10/ Ps 145: 1-2, 8-9, 10-11, 13-14/ Rom 8: 9, 11-13/ Mt 11: 25-30

Monday:

Gn 28: 10-22a/ Ps 91: 1-2, 3-4, 14-15ab/ Mt 9: 18-26

Tuesday:

Gn 32: 23-33/ Ps 17: 1b, 2-3, 6-7ab, 8b and 15/ Mt 9: 32-38

Wednesday:

Gn 41: 55-57; 42: 5-7a, 17-24a/ Ps 33: 2-3, 10-11, 18-19/ Mt 10: 1-7

Thursday:

Gn 44: 18-21, 23b-29; 45: 1-5/ Ps 105: 16-17, 18-19, 20-21/ Mt 10: 7-15

Friday:

Gn 46: 1-7, 28-30/ Ps 37: 3-4, 18-19, 27-28, 39-40/ Mt 10: 16-23

Saturday:

Gn 49: 29-32; 50: 15-26a/ Ps 105: 1-2, 3-4, 6-7/ Mt 10: 24-33

Sunday:

Is 55: 10-11/ Ps 65: 10, 11, 12-13, 14 (Lk 8:8)/ Rom 8: 18-23/ Mt 13: 1-23

A Prayer as We Await a New Archbishop



O God, you send your Son,
Our Lord Jesus, as priest, prophet, and king.

We thank you for your abundant blessings bestowed upon our Archdiocese, and thank you for the ministry of Archbishop Jackels.

In your grace, send us a bishop like Jesus: a priest of deep and true prayer, a teacher with a loving heart and firm resolve, and a shepherd of joy and peace, who desires above all to do Your will.

We ask this through Christ, Our Lord.

Amen.

All Saints Nights at Green Square Meals



All Saints helps prepare and serve dinner at Green Square Meals soup kitchen, 2-3 times a month. Sign up to help at the link below or contact Melissa Peckosh (847-975-1785 or missypeckosh@yahoo.com).

ALL SAINTS NIGHTS: 2nd & 5th Tuesday, 3rd Monday

All volunteers in sixth grade and up are welcome. Sign up at: <https://signup.com/go/vJYiFPm>

Changes to the Ablaze Event on July 19



In response to the overwhelming popularity of four-square at our last event, we have changed our family event from a movie night to a four-square and bags tournament. Families are invited to join Youth Ministry on July 19th from 7-8:30 by the playground. Join us for an evening of fun, friendly competition, and family bonding.

DEAR YOUNG PEOPLE...

Dear College Freshmen and Adulting Post-Grad “Freshmen”

Whether we’ve spent some time together or our paths have yet to cross, I want you to know I am proud of you! Accomplishing high school is not only a feat academically, but also socially, emotionally, and spiritually. What a gift it is to celebrate this milestone! I graduated from Loras College last May, so naturally college is still very fresh on my mind. I may just be a youth minister, but I know a thing or two about making the most out of this first year after high school.

Here are three tips to make the most out of your next journey:

- 1. Go easy on yourself!** There is an abundance of ‘new’! The newness is undeniably exciting! However, it can be daunting. If you feel unsure, insecure, or like you’ve got it all together, just to realize the next day that you don’t, that is perfectly ok! Take a deep breath. Literally, take one deep breath. In through that nose, and out through your mouth. Be patient with yourself. You will get through any and every obstacle with prayer, perseverance, and time. In those times of uncertainty, this quote has always comforted me: “We suffer more in our imagination than in reality.” - Seneca
- 2. Be present.** Okay this one might be even cheesier than the first, but it’s true. If I could travel back in time to hang out with my friends in the dorms, run around the city, or even sit in silence next to my best friends while doing homework, I totally would. It’s easy to dream about what’s next. What’s next after this class, this weekend, or even this entire college era. However, I promise you, the only place you can truly **be** is right where you are.
- 3. Just do it!** No, this bulletin article is not sponsored by Nike...but I’m serious. Just do the thing that you think you aren’t ‘good enough’ ‘smart enough’ ‘adventurous enough’ or ‘confident enough’ to do. That very thing is the thing that you should dig your heels into. When I was in college, I had major ‘imposter syndrome’. Some of the most daunting things included my senior capstone with an interactive art exhibit and live event, my 40-page thesis, studying abroad in Kenya, and holding a free fair-trade coffee shop every Friday at my house. While they all took a leap of faith, they were my most memorable and proudest moments.

I hope even some of what I’ve said speaks to a part of your heart. I know you might be full of excitement, dread, worry, or all of the above! That is ok! Know that the All Saints Community will keep you in our prayers this upcoming school year! You will rock it!

Peace and All Good, Isabelle

Ministry Schedule

July 8, 4:00 PM Saturday

Sacristan

Mary Pat Wilkinson

Extraordinary Ministers

Joan Murrin

Peg Schmitz

Jim Thebeau

Altar Servers

Kennedy Blue

Emma Colby

Ben Semelroth

Lectors

Terry Murrin

Teel Thebeau

Hospitality Ministers

Elie AbouRaad

Sue Bright

Jen Colby

Chris Colby

Ryan Donnelly

Mike Votroubek

July 9, 9:00 AM Sunday

Sacristan

Cate Biro

Extraordinary Ministers

Tom Amosson

John Michael

Bea Rethwisch

Altar Servers

Adalyn LaMere

Ellorie Shane

Eli Shane

Lectors

Matt Brandes

Mick Erdman

Hospitality Ministers

Maureen Dale Ernst

John Ernst

Nicole Johnson

Tony Satariano

Chris Shimon

Diane Weimer

Ministry Schedule

July 15, 4:00 PM Saturday

Sacristan

Cynthia Gunsolly, OFS

Extraordinary Ministers

Stephen Schmitz

Marvin Stallman

Sharon Warden

Altar Servers

Jackson Keller

Stella Lippe

Max Marcott

Lectors

Tim Nash

Rick Stefani

Hospitality Ministers

Daniel Greene

Dick Kettelkamp

Barb Lindstrom

Peg Schmitz

Debbie Suby

Mike Votroubek

July 16, 9:00 AM Sunday

Sacristan

John Michael

Extraordinary Ministers

Stephanie Guzman

Joe Latta

Dennis Mullarkey

Altar Servers

Martin (MJ) Golobic

Dylan Lang

Bella Schmidt

Lectors

David Shema

Loesje Shema

Hospitality Ministers

Maureen Dale Ernst

John Ernst

Nicole Johnson

Tony Satariano

Chris Shimon

Diane Weimer

Family Ministry

July 9, 2023 • 14th Sunday in Ordinary Time • Matthew 11:25-30

I Will Give You Rest

Jesus tells his followers about the great love his Father has for all people. He continues his teachings concerning the burdens in life and asks us to allow him to help.

We don't have to have birthed children to know about labor and burdens. Children, of course, are not the burden; however, the financial and emotional cost of raising them sure can be at times. Labor and burdens are a part of every person's life. I think that is Jesus' point. We need to accept this fact meekly and humbly; figure out which burdens are rightly ours, accept his help, and then get on with carrying them.

Picture all your problems on a rickety cart with a "T" shaped wooden yoke attached. Imagine yourself and Jesus putting the yoke on, and pulling the weight together. Heads bent by the wooden bar, you and Jesus are walking in step. You are focusing on his feet and yours. You are breathing in sync—you breathe in and he breathes out.

I remember my Lamaze training before the birth of our last two sons. Focus and breathing were an important part of that process. During those labors my husband was my coach. We breathed and focused together, and the labor was bearable, far easier than my first three experiences.

I also remember the days I take my problems with me to centering prayer. I say a simple prayer and place them in Jesus' and my rickety cart. I sit still, focusing on Christ's presence, slowly breathing in and out. Those are my good days, when my problems are bearable, and I'm even sometimes able to help shoulder someone else's burdens.

FAMILY RESPONSE

Talk about some of the problems the world is facing. Say a prayer together mentioning some of those problems.

PERSONAL RESPONSE

Who do you know that could use some help carrying their burdens? How can you help? What do you want to remember from last week? What are you looking forward to next week? What are your concerns?

Bringing Home the Gospel: Parent Reflections on the Sunday Gospels • Copyright © 2022 Judith Dunlap. Published by the Pastoral Center, PastoralCenter.com. All rights reserved. Scripture passages have been taken from the New Revised Standard Version Bible, copyright ©1989 by the Division of Christian Education of the National Council of the Churches of Christ in the U.S.A., and used by permission. All rights reserved.

Ablaze Youth Ministry Summer Sessions

ABLAZE YOUTH MINISTRY

Summer Sessions

FOR MIDDLE AND
HIGH SCHOOL
STUDENTS

MAY 17

CAPTURE THE FLAG
7:00 - 8:30 | ALL SAINTS

JUNE 8

LOST ISLAND WATER PARK
\$45 | MEET AT ST. E'S
CONTACT ISABELLE FOR MORE DETAILS

JUNE 14

YARD GAMES
7:00 - 8:30 | ALL SAINTS

JULY 19

FAMILY YARD GAMES
7:00 - 8:30 | ALL SAINTS

AUGUST 16

KICKBALL & CRAFTS
7:00 - 8:30 | ALL SAINTS

AUGUST 30

PRAISE & WORSHIP ADORATION
7:00 - 8:30 | ALL SAINTS

youthministry@allsaintscr.com

Parish Office (319) 363-6130, Mon.-Fri., 8:30 am - 4:30 pm

Pastor	Rev. John R. Flaherty	fatherjack@allsaintscr.com	Ext. 116
Deacon	Mike Klappholz	deaconmike@allsaintscr.com	Ext. 107
Deacon	Ed Martin	deaconed@allsaintscr.com	Ext. 105
Business Manager	Tracy A. Huk	businessmgr@allsaintscr.com	Ext. 111
Bookkeeper	Jeremy Lutz	bookkeeper@allsaintscr.com	Ext. 108
Medical Emergencies & Funerals	Rev. John R. Flaherty	fatherjack@allsaintscr.com	Ext. 116
Dir. of Music Ministries	Matthew Burrier	music@allsaintscr.com	Ext. 106
Dir. of Adult Formation	Bob Lillibridge	adultformation@allsaintscr.com	Ext. 109
Dir. of Children's Formation	Stacy Cataldo	catechesis@allsaintscr.com	Ext. 114
Youth Minister	Isabelle Werner	youthministry@allsaintscr.com	Ext. 115
Office Manager	Dan Alpers	officemgr@allsaintscr.com	Ext. 100
IT Director	Ethan Weiland	it@allsaintscr.com	Ext. 104
Scrip Coordinator	Lori Jiacinto	scrip@allsaintscr.com	(319) 363-4110

Parish School (319) 363-4110

School Principal	Kelly Starr	kstarr@allsaints-crschool.org	Ext. 234
School Office Manager	Elaine Collins	ecollins@allsaints-crschool.org	Ext. 233
Early Childhood Director	Emily Ritchart	directorcel@allsaints-crschool.org	Ext. 275
Regis Middle School Principal	Josh Gredys	jgredys@regisroyals.org	(319) 363-1968
Xavier High School Principal	Lynn Holverson	lholverson@xaviersaints.org	(319) 294-6635



Sacrament Information

Sacrament of Reconciliation: Saturdays at 3 p.m.

Sacrament of Baptism: Baptism preparation class is required for parents. Contact Deacon Ed Martin (DeaconEd@allsaintscr.com or 319-364-7524) to schedule a class and date for the baptism (some date restrictions may apply).

Sacrament of Matrimony: Couples are to make arrangements at least six months before the intended date of the wedding in order to fulfill the necessary requirements. Please contact Deacon Mike Klappholz (DeaconMike@allsaintscr.com) to begin the process.

Rite of Christian Initiation for Adults (RCIA): Classes are scheduled for Sunday mornings beginning in the Fall. Contact Bob Lillibridge, Director of Formation, for more information (adultformation@allsaintscr.com).

Confirmation: High school sophomores through seniors meet one Sunday per month from 10:00 AM to 11:30 AM, September through February to prepare. Contact Isabelle Werner for more information (youthministry@allsaintscr.com).

First Reconciliation & Eucharist: Second graders combine home study and retreats to prepare for these sacraments. Contact Stacy Cataldo, Director of Catechesis, for more information (catechesis@allsaintscr.com).

Anointing of the Sick: Please contact the office at 319-363-6130, ext. 100 to schedule anointings.

Miscellaneous Information

Newcomer Registration: Call the Parish Office at 363-6130, ext. 100, or register on line at <http://www.allsaintscr.com>.

Bulletin Deadline: Items must be submitted electronically to the parish office by Noon on the preceding Monday to: bulletin@allsaintscr.com.

Opportunities for Prayer

Adoration of the Blessed Sacrament: Wednesdays, 8:30 AM to 9:30 AM in the Church.

All Saints Prayer Group: Tuesdays at 3:00 PM in the church lower level.

Prayer Tree: Available to anyone who would like us to pray for their intentions. Please call Ramona Welsh at 319-366-1770.

Women's Prayer Group: Tuesday mornings after 8:00 AM Mass.

M.O.M.S Rosary: 7:30 PM 1st Monday of the month, Queen of All Saints Chapel.

Prolife Rosary: Fridays after 8:00 am Mass, in the Sanctuary.

Parish Website: You may both submit and view prayer intentions any time at: <https://allsaintscr.churchcenter.com/people/forms/413117>.